

THE CENTURY TIMES

2018 Fall Issue 2



The Student Senate



Your Voices Are Heard

Table of Contents

Featured Stories

The Anxious Student.....	3
What to Do During Winter	5
Access Center is Phenomenal Resource	7
Change on the Horizon	10
A Word From the Editor	13
A Year of Film at Century	14
A Greek Tragedy Waiting to Happen	16
How to Research 101	18
What Makes the Heart Grow	20
Untitled (Poetry)	22
Dealing With Stress	26

TCT Staff

Editor in Chief
Gwenita Hairston

Managing Editor
Chase Eyikor

Lead Copy Editor
Ker Moua

Lead Creative Writing
Editor
Tanita Cronk

Staff Writers
Davis Leaf
Cole Carlson
Emma Barnes
Sara Jorgenson

Photographers
Marharyta Kazaieva

Layout Designers
Reid Malnati
Gwenita Hairston

Help us Find Woody!

Woody is hiding somewhere in the magazine. If you find him, send The Century Times an email to be entered into a drawing to win a prize!

Email should include:

your name

page number

location of Woody



THE CENTURY TIMES

TheCenturyTimes.com
Facebook.com/TheCenturyTimes
TheCenturyTimes@century.edu
651.779.3268

3300 Century Avenue North, W1340
White Bear Lake, Minnesota 55110

The Anxious Student

Tanita Cronk | Creative Writing Coordinator

The day started normally. There was nothing to indicate the onslaught of obscure thoughts and feelings that would later invade my mind making it impossible for me to listen to Professor G's lecture. I woke up on time to my 6:45 a.m. alarm; stretched, yawned and climbed off the tan suede couch that I slept on. A couple of months ago, my son had announced that he was tired of sleeping in the same room as my daughter because "girls are icky and she never, ever helps to clean or keeps her side of the room neat." My daughter agreed stating that "boys are just gross and Jakob needs to learn to mind his own business." What could I do? I was outnumbered and the thought of not having to listen to the two fight about which bedtime movie to watch every night seemed like just enough to make me leave the comfort of my queen

sized bed for the tiny couch in the living room.

via unsplash

Photo Credit: rawpixel

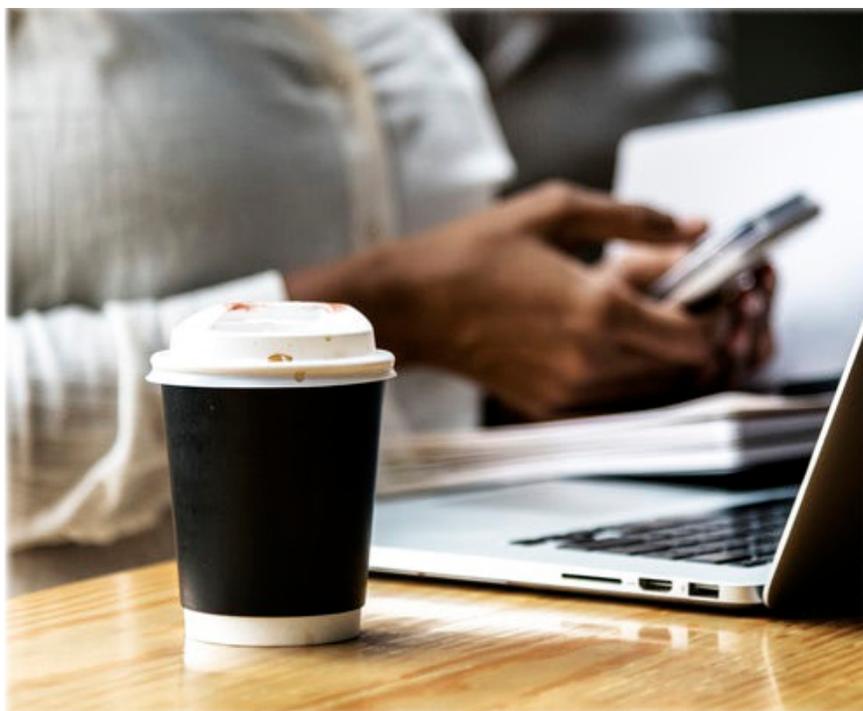
Stepping over my sleeping husband and mini-poodle on the floor, I completed my morning ritual and left for class. The weather was turning colder. Minnesota autumns, although beautiful with the changing colors and skies that were a strange mixture of blue and grey, also brought chilling winds. At any moment it could rain, snow, or quite possibly both. I shivered as I started my gold Ford Escort and drove to Century College to begin my day.

Fifteen minutes later I was seated in Professor G's general psychology class and ready to learn about the bystander effect. I took my seat in the front row. For some reason, instead of sitting at the end of the aisle as I usually do, for this class I chose to sit in the middle. The first few weeks of class, it didn't bother me. Classes went without a hitch, I took notes, tried not to yawn too loudly (I am not a morning person by any means) and waited out the growing hunger until class was over and

I could head down to the cafeteria to partake in my morning veggie breakfast bowl and Diet Coke.

But this morning, was different. For some reason, I seemed to notice everything in the room. I couldn't focus on anything Professor G was saying and the things I did hear sounded like gibberish. My eyes started to lose focus as I watched him fidgeting behind his podium with the slide remote. I tried harder to focus, squinting my eyes, but it seemed to make it worse. It was like a camera trying to focus on its target. I could feel my brain trying to keep up. Turn the lens this way, no that way.

I closed my eyes and tried to settle my thoughts. The busty blondes behind me giggled incessantly like school girls at a junior high school party wondering which boy is going to ask them to dance. I wondered why Professor G never told them to shut up. Maybe he was still too preoccupied with whether or not his students liked him. (continued on page 4)



Professor G, was a tall, thin, and bald Italian man who fidgeted constantly, always shuffling his feet back and forth like a child who doesn't want to stand still. He was most likely my age, late 30's. I could tell because he was always asking questions about things that only the two of us understood like, "Do you think they played Smashing Pumpkins at the Stillwater Pumpkin Smashing Event?" and asking questions like "Who remembers when Kurt Cobain died?" Sorry, Professor G, no matter how many 90's references you make, I am still going to be the only one to raise my hand. He would often chuckle at his own jokes and shrug his shoulders when the class didn't respond. He reminded me of that kid on the school yard who tries too hard to make friends. He loved to occasionally show us pictures of his fifteen month old son which I would smile at and silently think to myself, Ah, I remember the excitement of being a first time parent. You can never have too many pictures or show too many people how proud you are of your bouncing baby.

I was suddenly shaken out of my reverie by a sound that scratched my insides like fingernails on a chalk board. It made my nerves stand on end and felt like someone was driving something into my ear. I rolled my head and brought my shoulder up to my ear trying to block the sound out. For a moment it went away and then it was back. I don't know why, and I can't explain the reasons but that sound infuriated me. I could feel my blood boiling. Someone had turned the heat up because I suddenly felt extremely hot. I put my hand to my head to make sure I wasn't sweating. My cheeks turned red and I was suddenly hyperaware of everything in the room. I could hear the tapping of the pen behind to me. The scraping of a pencil across paper as the guy at the end of the row was taking notes. The click-clicking of the keys on the phone next to me as the girl started texting someone. Everything was brighter and louder. I could feel each breath that I took. The air felt heavy as it filled my lungs. That sound, it made everything worse. Finally, I couldn't take it anymore. The girl next to me with the dirty blonde hair kept sucking her coffee through her teeth. She wouldn't tip the cup back to take a drink. She would just bring the cup to her lips and suck. Oh my god that sound. I wanted to jump up from seat just as she was going to bring the cup back to her lips and grabbed her hand.

"For the love of God! Please put the coffee down!"

Mercifully, just as I started to feel the momentum of that rising tide of volcanic rage that gives way to an outburst of anger, Professor G announced that class was over. I grabbed my things and headed to the hall and sat down on one of the cushioned benches. I don't know why everything happened the way that it did and I couldn't explain the rush of anger I felt at just a simple sound. But later that week I changed my seat back to the end of the aisle. I was thankful for my morning routines and rituals and thought to myself that this is exactly why these things are so important.



What To Do Downtime

Chase Eykor | M

As winter student

of the c
can avoid bore
out these 10 dif

by winter slow

1. Dine Out. If t

a new restauran

yourself or go w

and eat deliciou

2. Exercise. If y

cold and hit the

can exercise at

video that show

3. Revamp your

it's a job, intern

letter or essays,

keep on hand a

you might need

you're least exp

at a moment's n

during a winter

documents, ad

since you last u

wintertime blu

parks have won

ent experience

warm clothes a

with you! **5. In**

challenge your

if the weather p

the beginning,

conquered inch

Space. Whether

closet, or your

and disorganiza

winter down ti

Haven't talked

bestie from hig

and check in w

to squeeze in. **8**

to write a blog,

decorate your k

winter slow do

you've always w

feel for how you

What To Do During Winter Downtime

Chase Eykor | Managing Editor

As winter weather strikes the Twin Cities, many students may be wondering what to do with some of the down time winter brings. Century students can avoid boredom and curb seasonal depression by trying out these 10 different things students can do when plagued by winter slow downs!

1. Dine Out. If the roads are safe enough, you can try out a new restaurant to break your usual eating routine. Treat yourself or go with friends to support a new local business and eat delicious food!

2. Exercise. If you have a membership, brave the snow and cold and hit the gym. If you don't have a membership, you can exercise at home with free weights or watch a YouTube video that shows you how to work out without equipment.

3. Revamp your resume, cover letter and/or essays. Whether it's a job, internship or college application resume, cover letter or essays, updated documents are always good to keep on hand at all times – after all, you never know when you might need them! Opportunity knocks the moment you're least expecting it, so it's always best to be prepared at a moment's notice. As a result, take the extra time during a winter slow-down to work on all your important documents, adding any extra information you have had since you last updated them. **4. Hiking.** Get ahead of the wintertime blues by getting outside! A lot of state and local parks have wonderful winter trails. It's a totally different experience than in summer. Just don't forget to wear warm clothes and bring a mug with hot chocolate or coffee with you!

5. Indoor Rock Climbing. Another great way to challenge yourself is to go to the rock-climbing facilities if the weather permits. Rock climbing can be hard in the beginning, but that feeling of satisfaction after each conquered inch will repay your effort. **6. Organize Your Space.** Whether its your bathroom, your bedroom, your closet, or your kitchen, taking the time to sort out clutter and disorganization is a great way to be productive during winter down time. **7. Catch Up with Friends and Relatives.**

Haven't talked to grandma or that favorite Uncle or that bestie from high school in a while? Get on your cellphone and check in with people that you haven't found the time to squeeze in. **8. Do Something Creative.** If you ever wanted to write a blog, crochet a sweater, paint your living room, decorate your kitchen, or even try a new recipe, use the winter slow downs to try your hand at creating something you've always wanted to do but never had the time. **9. Get a feel for how your Semester is going.**

It's never too late to do an assessment of how your academic work is going here at Century, so when winter slows you down, reach out to your professor and ask how you are doing so far in class. Ask what are some things you can do to improve, and what are some things you can do to get a jump on the rest of the semester. **10. Binge Watch Your Favorite Show.** For the less enterprising students who just want to recharge from the constant work of studying and exams, why not reward yourself by catching up on that show you have been too busy to watch. Whether it's "House of Cards," "The Last Kingdom," or the new iteration of "Charmed," just kick back and let those alpha waves out to play.

Whatever you do, just find fun and/or productive things to do and turn a winter freeze into something positive.

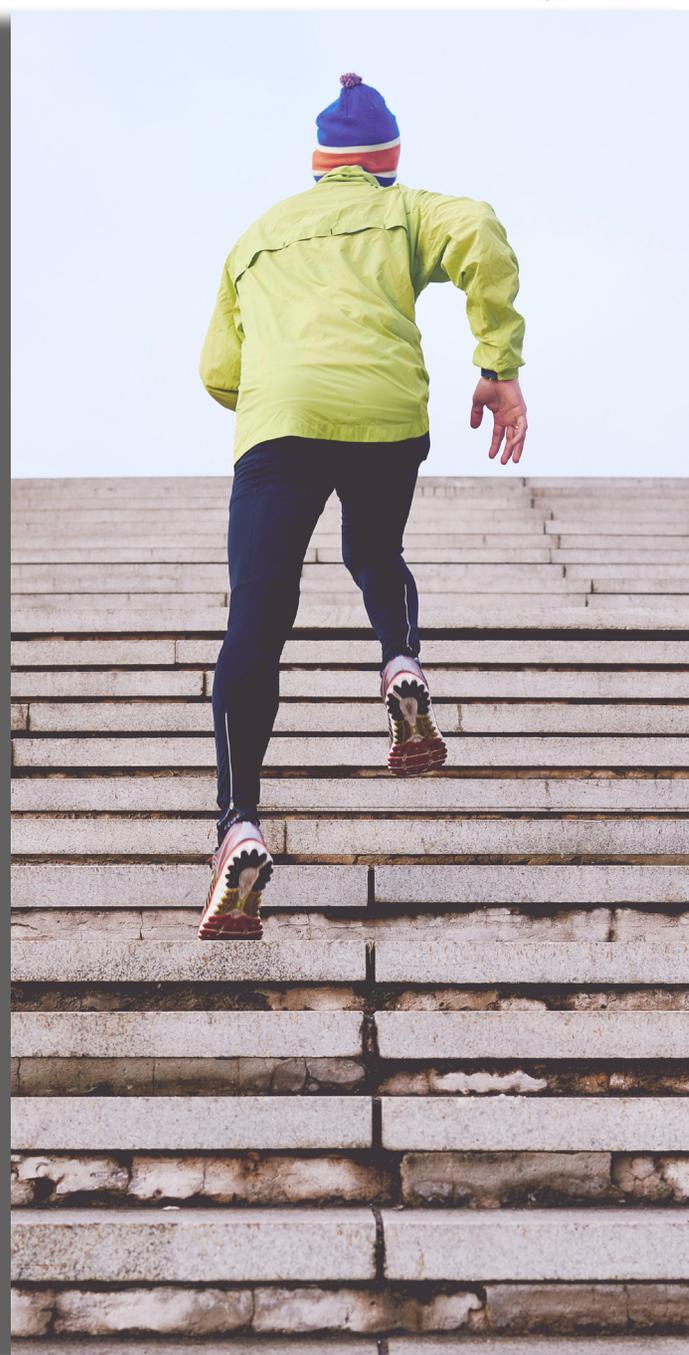


Photo Credit: RawPixel via Unsplash



Mobile Market

Spring Semester Food Distribution



On The Following Tuesdays

January 29 ● February 12

March 12 ● April 9 ● May 14

1:30 – 3:00 PM

Shop free for healthy food!

Location: The Nest-West Campus

Century College in partnership with the White Bear Area Emergency Food shelf is hosting a Mobile Market on campus (W1490) which will provide students the opportunity to get additional food. A selection of produce and non-perishable food will be available. If you have any questions or concerns, please contact michele.jersak@century.edu



Century College is a member of the Minnesota State College and Universities system. We are an affirmative action, equal opportunity employer and educator. This document can be available in alternative formats to individuals with disabilities by calling 651.779.3354 or 1.800.228.1978 x 3354.

Wh

Having some
a student at a
a student who
not be able to
due to stairs h
being able to
Another studen
what their ins
This is especi
hearing studen

However, thes



Photo Credit: Mar

stop them fro
help from the
they need to l
potential.

The Access C
an incredible
ities. Students
“reasonable a
but are not lin
distraction ro
using an inter

To receive a r
student must
of their disabi

Why the Access Center is a Phenomenal Resource for Students with Disabilities

Sara Jorgensen | Staff Writer

Having some form of disability can automatically put a student at a disadvantage. One example includes a student who is in a wheelchair. This student may not be able to access certain places on campus due to stairs being the only way to get there or not being able to fit their wheelchair in some entryways. Another student, who is deaf, cannot understand what their instructors or hearing students are saying. This is especially a problem if the instructors and hearing students don't know sign language.

However, these students do not let their disabilities

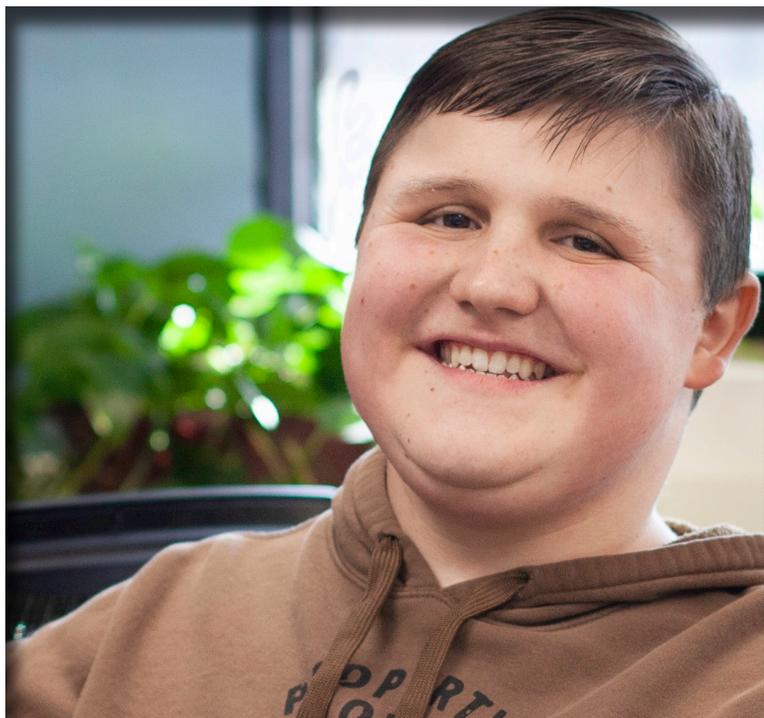


Photo Credit: Marharyta Kazaieva

stop them from succeeding. They have sought out help from the Access Center and are receiving what they need to have an equal chance at reaching their potential.

The Access Center, located in room W2440, is an incredible resource for students with disabilities. Students who utilize their services receive "reasonable accommodations," which can include, but are not limited to, taking exams in a limited distraction room, taking extra time on exams, and/or using an interpreter.

To receive a reasonable accommodation, the student must request it and provide documentation of their disability to Melissa Traxler, the Access

Center director, or to Cris Simonson, the Access Center advisor.

Once this step is complete, Traxler or Simonson will notify the student's instructor(s) if the student feels the accommodation is needed for their class(es). They are willing to notify instructors every semester the student is at Century.

It has been an honor to interview three students who use this resource and have different disabilities and thus different experiences of being a college student.

Lizzy Backlund has been a student at Century since spring of 2018. She started out as a PSEO student and is now a full-time student majoring in education in hopes to become a paraprofessional.

Donovan Carlson was also a PSEO student for a year and an actual student for two years, which makes this year his third year here. He is working on his generals currently, but his end goal for a major is biochemistry. He uses a wheelchair and has a service dog named Buffy.

Carla Coates had been an on-and-off student since 2011 and majored in human services. Last fall was her final semester at Century. She has PTSD and major depressive disorder.

"I have to work harder than everyone else," says Backlund. "I miss out on some words being said due to my hearing loss. I do wear my hearing aids to help me hear better but sometimes I struggle with that." Overcoming her struggle is still there, but she finds a way to help her overcome it at school by going and asking for help in the Access Center or from her instructors.

"Around here, a lot of the handicap switches don't work, which I have had to ask about them to get fixed," says Carlson. In the labs, the countertops are so low that he easily hits his knees on them, and he asks for help from random people. Most people have been willing to help him out if he asks or offer to help him if they see him. Buffy has also been a huge help for him with hitting buttons.

Coates has had her brain shut down at times until she gets her spark back. She struggles with retaining things in her head when she studies and has to (continued on page 8)

study right away, otherwise the material won't stay.

These students may struggle at times, but they know that there are strengths to being who they are. Backlund says that she can use sign language and speak at the same time and use close captioning, which helps her learn as a student.

Carlson gets to bring his dog everywhere and gets to know really nice people. He also helps other people who might not be able to articulate what they need and spreads awareness to people in the future, which helps people other than himself.

"My strength is being inspirational to those that are dealing with the same symptoms I deal with," says Coates. Being a parent has been the main thing keeping her going.

The Access Center has been very beneficial for these students. For Backlund, she is able to come in and talk to Traxler and Simonson about things such as how she feels during her classes and how she can improve on her test taking with her accommodations. She also enjoys working on homework in there since it tends to be quiet.

For Carlson, he can contact the Access Center when a handicap switch isn't working, and they send someone to fix it. They also raise awareness of what students with disabilities need, like making a certain countertop in a lab for a person in a wheelchair where some of the space is taken out or the countertop is raised.

Coates wasn't aware of the Access Center until 2016, but when she did become aware, she was able to get reading material electronically, so it can be read to her. When she received extended time on tests and assignments, her grades went way up, which got her on the Dean's List last fall.

As great as the Access Center is, there can be some room for improvement.

"I already know that the Access Center is working on getting more people to work for them. Which is something that I feel can be promoted to other students," says Backlund. "I know it's hard to be able to talk to Mellissa and Cris when I need to talk to them. I know that they are busy."

"It's not really their fault, but they could try to get the college to improve on accessibility for other



Photo Credit: Gwenita Hairston

students with disabilities," says Carlson. "Because I'm not sure about the mental disabilities, but they can help some of the students with physical disabilities by physically moving stuff or physically changing labs. Those labs are still original labs, so they're pretty old, whereas they didn't really think of how a person in a wheelchair would roll up to them or how they might use them."

Coates thinks that there could be more options for electronic books being read out because sometimes she gets mixed up and forgets how they work.

Overall, the Access Center should be utilized by all students with disabilities, so they can take a step in the right direction and have even more success in college. That is what these students did, and they are achieving great things. There is no doubt that they will achieve more, whether it be academic, mental, or social in their academic years and beyond. Other students don't have to go through their disability alone at Century. The Access Center is here to help them in whatever way they can.

Annou



Latest Gro

Annou
Northe

Once
around
openin
mento

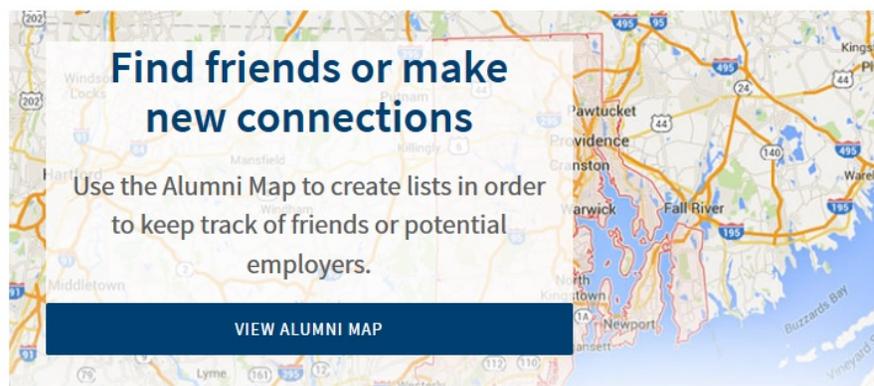
The si
Assoc

[Regis](#)
availa

-
-
-
-

[Join o](#)
feel fre

Announcing Century's Exclusive Online Alumni Network!



Upcoming Events

2 FEB
7:00 AM
Greater Upper Midwest Train Show & Sale
3401 Century Avenue North - White Bear Lake, Minnesota

20 FEB
5:00 PM
Century College Open House
3401 Century Avenue North - White Bear Lake, Minnesota

[VIEW ALL EVENTS](#)

[CenturyCollege](#) [Follow](#)

Latest Group Activity

Announcing a new social network just for Century alumni (including Lakewood, 916 AVTI and Northeast Metro Technical alumni), set to launch in early 2019.

Once live, you can use the interactive map (pictured above) to find and connect with alumni anywhere around the world, view job opportunities posted by fellow alumni and employers and post any openings of your own, create your own groups or join the many already available, find or serve as a mentor, join or organize your own alumni events, and so much more.

The site will be open to ALL alumni, and – GOOD NEWS – students can sign up to join the Alumni Association BEFORE you graduate or transfer!

[Register online today](#) to join the Alumni Association so you can access all the **free benefits** available only to Alumni Association members, including this exclusive online network, and:

- [Career services](#)
- [College Central Network](#)
- [Library access](#)
- [Fitness center](#)
- [Volunteer Opportunities](#)
- [Nation-wide discount program \(coming soon!\)](#)

[Join our e-newsletter](#) to stay informed about for more alumni updates, and feel free to contact us with any questions at alumni@century.edu.



Change on The Horizon

Gwenita Hairston | Editor in Chief

During an era when the world we live in is at a major turning point and uncertainty fills the air, we tend to lean more on our safe havens and places of comfort.

For a community with in our wonderful school recently this was not possible. They were left feeling uncertain, disrespected, and oppressed.

During coming out week Pride and the LGBTQ Center had an awareness campaign organized. The purpose of this campaign was to bring awareness to the fact that there are very few gender inclusive (anyone can use them, of gender) restrooms available to students-- especially transgender and gender non-conforming students, staff, and faculty.

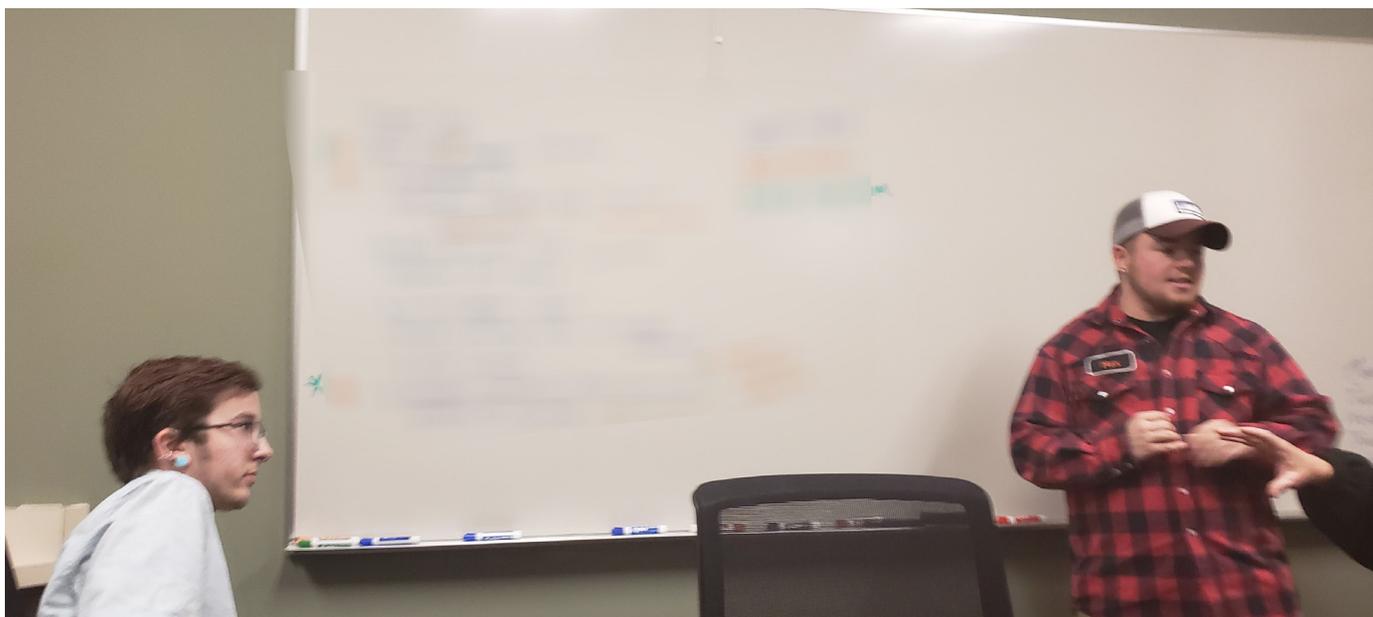
Originally, Pride members were to designate two binary bathrooms on each campus for one day, the Wednesday of coming out week as Gender inclusive restrooms. Prides objective was to help others understand the importance of feeling safe and having privacy when using the restroom.

Many of us don't have to worry about being harassed or looked at in a disrespectful way when using the restroom. It isn't a second thought as to which bathroom they are going to be comfortable in. Now we live in a time where just going to use the bathroom can be stressful. Non-binary bathrooms don't only help transgender folks or non-conforming folks, they help mothers with children, people in wheel chairs, people with disabilities, or even people that need assistance with using the bathroom.

Unfortunately, this campaign was shut down by Century's President, Angelia Millender, at which time they came up with a secondary campaign. This second campaign consisted of highlighting reasons why gender inclusive restrooms are needed. They also had blueprints of every floor for both east and west campus and highlighted where binary and non- binary bathrooms where located in blue, pink, and yellow in an effort to show how few gender inclusive rest rooms are available to students, faculty, and staff.

Unfortunately, this was shut down as well by President Millender with no real reason as to why both events were canceled. President Millender only said, "There was a process that wasn't completed." This decision left the large LGBTQ community that we have on campus feeling unsafe, unimportant, and stifled. They were very unsure of where they stood on a campus that claims to have a welcoming nature.

This feeling of oppression is one that some people will never have to experience in their lifetime. But to be a person who has experienced it on many levels, then turn around and give it to someone else would be an uphill battle that many people could never understand. This being the original feelings amongst students and faculty that were fully aware of the things that were taking place behind doors. This left a very thick



Skylar Lynner and Maxwell Poesnecker discussiing strategies for meeting with President Millender

Over a number of years, the Student Senate. There are many ways to promote a healthy and safe environment. After many meetings, the Student Senate and Student Senate President Millender decided on the way that the LGBTQ community can be a way that shows respect and support. Knowing that the LGBTQ community means so much to the school, it is often more than it is. The Student Senate is committed to the concern of the LGBTQ culture that has been created. The goal is to create a safe and welcoming environment and embrace the rich diversity that is special.

Remember, to be a part of the community, Embrace all the differences.



Over a number of days a line of communication was opened between President Millender and Student Senate. There were many questions that needed answers. After numerous meetings, President Millender and Student Senate were able to fix and develop a line of communication and openness that will be able to promote a healthy balance between Student Senate and Century's Administration.

After many meetings concerning this very sensitive topic, Student Senate was able to see a change in President Millender. She has become more open to understanding how she may have unintentionally made the LGBTQ community feel. In her opinion she was just doing her job. But her decision affected students in a way that she was unaware of. Being an African American woman, she knows first-hand how it feels to be oppressed and discriminated against. To make anyone else feel that pain was never her intentions.

Knowing that the Student Senate was able to help her understand and her having the willingness to do so means so much more than words could ever express. Mostly because it is something that happens far less often than it should when people are trying to overcome obstacles. President Millender, on behalf of the Student Senate, Pride, and the LGBTQ community, we all thank you for taking the time to actively listen to the concerns of students, understanding the way you adversely affected them, and being proactive in a culture that has a learning curve that many people are trying to adjust to in their own ways.

The goal is for everyone on campus from students to staff to faculty to administration to feel secure, safe and welcome. Everyone shares some part of the uniqueness that is Century College. If everyone can embrace the richness in the diversity that Century offers, it makes being a part of this college that much more special.

Remember, there is no "I" in team, and no happiness in being alone. At Century no student is ever alone. Embrace all that this college has to offer and always Love Your Self First.

Photo Credit: Gwenita Hairston



Binary Bathrooms

P.R.I.D.E CLUB SPRING SEMESTER:

Wednesday & Thursday Meeting Times @12-2PM

in room W1420 (Cafeteria meeting room)

Activities For Spring Semester:

Bonding Activities

Board Game Activities

Informative Activities

Intersectional Activities

Mindfulness Activities

Open Discussions

LGBTQ Movies



CENTURY COLLEGE IS A MEMBER OF MINNESOTA STATE. WE ARE AN AFFIRMATIVE ACTION, EQUAL OPPORTUNITY EMPLOYER AND EDUCATOR. THIS DOCUMENT CAN BE AVAILABLE IN ALTERNATIVE FORMATS TO INDIVIDUALS WITH DISABILITIES BY CALLING 651.773.1745 OR EMAILING ACCESS.CENTER@CENTURY.EDU



I'M GAY

I'M TRANSGENDER

I'M LESBIAN

I'M QUEER

I'M BISEXUAL

I'M INTERSEX

I'M LIKE YOU...I AM HUMAN

Hello to all my
We are living in
pieces with a lo
try to re-adjust
many controver
Last semester a
concerning our
dressing this ou
and Pride have
Administration
that still don't s
We have a com
silenced, which
tion. As an Afr
four, with a chi
them affected n
community, bu
frustration, and
ten times worse
After many me
dent Senate felt
is the progress
doors, red tape
port a cause or
show support?
A person can't
to be upfront ab
organization is



ER:

A Word From The Editor

Gwenita Hairston | Editor in Chief

Hello to all my fellow students,

We are living in a society where there are many moving pieces with a lot of different things changing daily. As we try to re-adjust to what our world is becoming, there are many controversial topics arising.

Last semester at Century we experienced one such topic concerning our LGBTQ community. My reason for addressing this out right is because, though Student Senate and Pride have worked with President Millender and the Administration surrounding this issue, there are things that still don't sit right with me.

We have a community with-in our school who was being silenced, which is a form of oppression and marginalization. As an African American woman and single mother of four, with a child that is a part of this community, silencing them affected me. Not because I myself am part of this community, but because my child is. The disappointment, frustration, and anger that was inside of me I'm sure was ten times worse in the people that it directly affected.

After many meetings with President Millender, The Student Senate felt like we had made progress. But how real is the progress and support if it is hidden behind closed doors, red tape, and silenced outlets? Is it possible to support a cause or organization if one is not willing to publicly show support?

A person can't fully support anything if they are not willing to be upfront about their support for whatever the cause or organization is.



As a leader one is responsible for making all organizations and communities feel respected, supported, and welcomed. When tough topics arise, one shouldn't make any organization or community feel less than.

It leaves me to wonder if President Millender's support would have been made public if it involved a different community and a different topic, instead of an awareness campaign about the lack of Gender Inclusive restrooms. Gender inclusive restrooms don't just benefit transgender folks or gender non-conforming people, but also people with disabilities, parents with children, and people who just want a little privacy when using the bathroom.

When showing one's support to a community in Century College is something that must be hidden, how does that make that community feel welcome in the only Minnesota State College that has a LGBTQ Center? How can we as our own collective society understand one another and show mutual respect for everyone if the leaders of the college aren't willing to openly show that as times are changing, respect and support must be mutual, no matter who it involves or what the topic is.

There can never be real growth without change. They go hand in hand. Being properly educated about changing roles in our society is part of that growth. If everyone was willing to understand or learn just a little bit more, there wouldn't be so much confusion or despair around certain topics. Having the willingness to have an open mind is the start to building an environment where everyone is respected.



DER

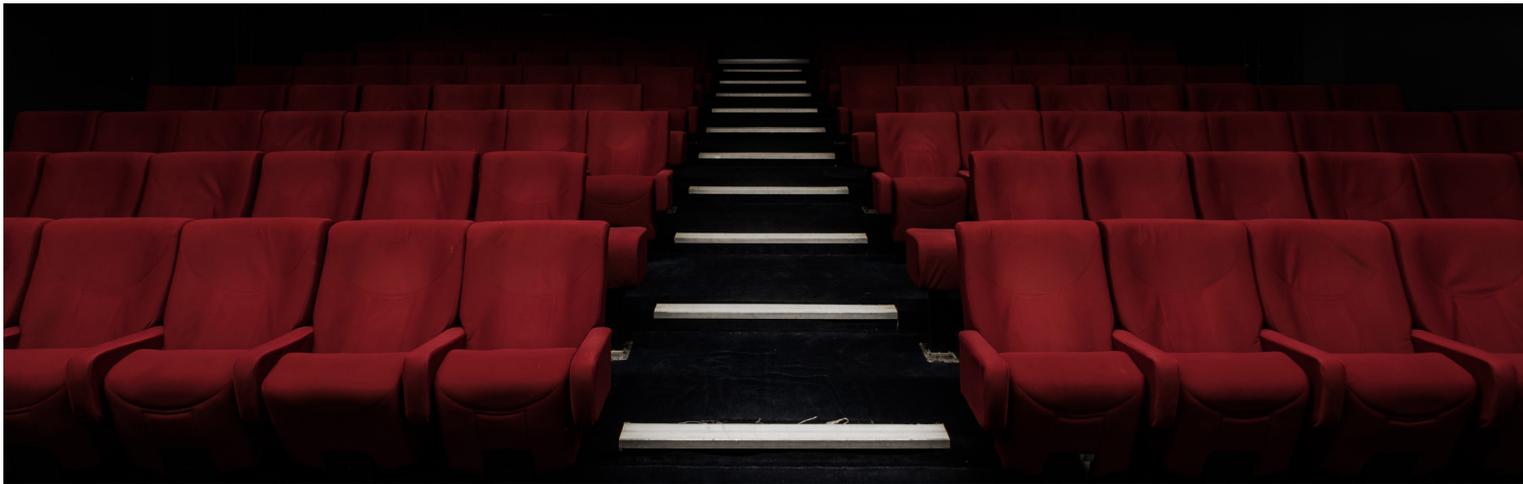


Photo by Felix Mooneeram on Unsplash

A Year of Film at Century

Davis Leaf | Staff Writer

As 2018 draws to a dark and cold close, we look back at all the biggest and best films of the year. Films that paved the way for the future generations of filmmakers. Films that both satisfied and annoyed audiences, were praised or panned by critics, and crushed or bombed at the box office. Students at Century College, many of whom are from Mike Eddy's Filmmaking and Video Production program, had plenty of things to say about 2018's filmography.

If we're talking about the biggest films of the year, we must mention Marvel Studios smash hits "Black Panther" and "Avengers: Infinity War". "Black Panther" dominated at the box office, making a whopping \$1.3469 billion worldwide and scored a 97 percent on Rotten Tomatoes. It's safe to say that the first smash hit for a black superhero film will carry on its legacy to future films in the genre.

Now with that in mind, it's time to talk about the biggest film of the year; that film being "Avengers:

Infinity War." "Infinity War" managed to become the fourth film in history to pass the two-billion-dollar range at the international box office, standing only behind "Avatar," "Titanic," and "Star Wars: The Force Awakens."

The lead up to the film spanned throughout a decade of building a shared universe of films and left audiences both amazed and in shock. When asked how she felt about the film, Creative writing student Gracie Ramey said, "I enjoyed the good heroic story, how the film left viewers in shock, and how the antagonist won in the end." John Tangen, a student of Eddy's, called it "one of the better Marvel Cinematic Universe films because it felt like it had a sense of danger and the stakes were so high." While "Infinity War" may have been the big winner for audiences this year, it was not the only film that blew audiences away.

The summer, as per usual, was jam packed with big budget blockbusters. 14 years later, we got to see the return of the beloved Parr family in "Incredibles 2." This long-anticipated film came right out of the gate swinging, breaking box office records for an animated film left and right. Grossing \$1.2354 billion, the film now sits behind "Frozen" as the second highest grossing animated movie of all time. Sarah Tangen, another creative writing student at Century, loved "the humor in the film and the fact that it continues off the previous installment."

Other films that dominated the box office this summer featured the return to our favorite prehistoric franchise with "Jurassic World: Fallen Kingdom" and Tom Cruise's latest attempt to defy the laws of physics with "Mission: Impossible – Fallout."

Photo by Fancycrave on Unsplash



While the box office saw a majority of audience shlock, "Infinity War" film, there's no doubt it was one of the year. Director James Cameron's fourth film of the year, "Avatar," critics and audiences alike, mutual dislike, a displeased audience, an attempt to reach a new audience, and shape it into a new genre.

While the "Jurassic World" franchise is running out of steam, "Mission: Impossible – Fallout" started. "Mission: Impossible – Fallout" have reached a new level of popularity, but it still managed to become the highest grossing film of the year, critics and audiences alike, same score on Rotten Tomatoes, it "one of the best of the year." Another student of Eddy's, "fantastic and...

If you're a horror fan, you've certainly seen "Hereditary." Who knew that a direct one heckler of a film could do this. This film came out of left field, introduces an audience in shock, Joseph Leonz, the film had "a building."

Of course, we saw "Incredibles 2" this year with a box office that flew under the radar. Independent films like "Hereditary" and "Incredibles 2" the big studio films, "Hereditary" or "Incredibles 2" if not biggest, score, concept, itself.

The latest installment of the "Halloween" franchise also seemed to be a film in this genre. "Halloween," a fan of the franchise, admired, it was a reboot of the franchise.

2018 has been a year of great films. While "Mission: Impossible – Fallout" box office record, a genre of superhero films, contributed to the success of the franchise, feature a prequel.



While the box office numbers may indicate a mass majority of audiences succumbing to the zero-substance shlock that was the latest Jurassic World film, there's no arguing that it is far from the best of the year. Despite "Fallen Kingdom" being the fourth film of the year to join the billion-dollar club, critics and audiences have seemed to share a mutual dislike for the finished product. Ethan Kirk, a displeased student of Eddy's, called it "a failed attempt to recapture the nostalgia of the originals and shape it into something new."

While the "Jurassic Park" franchise may be running out of steam from a quality point of view, the "Mission: Impossible" franchise is just getting started. "Mission: Impossible – Fallout" may not have reached the heights of a billion worldwide, but it still managed to hit number five of the year's highest grossing films while being praised by critics and audiences alike. Fallout shares the same score of 97 percent as "Black Panther" on Rotten Tomatoes. Some critics have even called it "one of the greatest action films ever made." Another student of Eddy's, Ryan Hill, thought it was "fantastic and probably the best in the franchise."

If you're a horror movie fan, then you've almost certainly seen the refreshingly original "A Quiet Place." Who knew that Jim from "The Office" could direct one heck of a thrill ride? The acclaim for this film came well deserved as "A Quiet Place" introduces an interesting concept that keeps the audience in suspense for its hour and a half runtime. Joseph Leonzal, another Eddy student, thought the film had "good suspense but confusing world building."

Of course, we can't talk about original horror movies this year without mentioning "Hereditary." This film flew under many people's radar this year as independent films don't usually get as much attention as the big studio produced ones. For so many reasons, "Hereditary" can be categorized as one of the best if not biggest films of the year. Its performances, score, concept, direction, and editing all speak for itself.

The latest installment in the "Halloween" franchise also seemed to satisfy audiences. While the latest film in this mess of a series titled, you guessed it, "Halloween," didn't leave much to be generationally admired, it was still an enjoyable and intense soft reboot of the already overcooked franchise.

2018 has been an important year for diversity in films. While "Black Panther" may have smashed box office records and done wonders for the golden age of superhero films, "Crazy Rich Asians" hugely contributed by being the first film in decades to feature a predominantly Asian-American cast. The

film also raked in huge numbers at the box office, winning its opening weekend and earning praise from critics. This type of representation shows the evolution of American cinema and how the demand for diversity is being heard in Hollywood.

More often than not, the best film of the year is usually far from the biggest. 2018 will probably continue this trend. For those who have seen the film, I'm sure many would agree that the current title for best film of the year would go to the latest Spike Lee joint "Blackkklansman." This is a film that hits all the right notes while being socially relevant. Lee came back hard and determined with "Blackkklansman" by creating a biographical dramedy that peers through the looking glass of time and informs the audience of where we are as a country in comparison to over 40 years ago. "Blackkklansman" is a film you won't want to let slip through the cracks for yourself this year.

Students here at Century have seemed to enjoy their year at the movies. There are still other gems worth viewing this year such as "A Star Is Born," "Isle of Dogs," "Love, Simon," and "Eighth Grade." Don't deny yourself the opportunity to relax your brain, have a pleasant viewing experience, and partake in an intellectual conversation about film. Movies may be a form of entertainment, but if they weren't something to gain knowledge from, then Century College would not offer such in depth classes about them.

Photo by Denise Jans on Unsplash



A Greek Tragedy Waiting to Happen

Tess Pickar | Contributing Poet

Your psyche is devastated and tangled,
like vines caught in the depth of marble columns
Frozen in rock for eternity,
with nowhere to go.

The vines don't die,
but remain forever verdant
Bear grapes to make soon-to-be-vintage wine,
If you waited a century.

Rome wasn't built in a day,
but it was destroyed in one.

Mind like the Colosseum:
filled with gladiators,
warriors with weapons sharp with self-doubt, hate, uncertainty.
A never-ending rampage
There's nowhere to hide in this ancient rink.
Audentis fortuna iuvat
Fortune favors the brave
What if I can't be?

Photo Credit: Gwenita Hairston



W
Your tra
The Uni
langu
semester
of
Langu
M
Compet
ability to
service

Latinos
projecte
of c

You
It's fun
tutors

*<http://factfi>
[/bkmk/table](#)
[/PEPASR6H?slic](#)
t:



Why Take Spanish at Century?

Your transfer school may require a foreign language for graduation!

The University of Minnesota-Twin Cities requires 4 semesters of college language for graduation in the CLA and CIS. St. Thomas requires 3 semesters for graduation. Additionally, languages typically count toward other graduation requirements, such as Global Perspective.

Language classes fulfill Goal 8 (also Goal 6 as of fall, 2017) in the MN Transfer Curriculum and also transfer as electives!

Competence in another language will boost your employability! The ability to communicate in Spanish will be useful in the health professions, service professions, hospitality, and business, just to name a few areas.

Spanish is an important language in the U.S.!

Latinos/ Hispanics comprise 17 % of the U.S. population!* This figure is projected to rise to 28.6 % by 2060. Latinos will increasingly become part of our families, our circle of friends, our places of work and our communities.

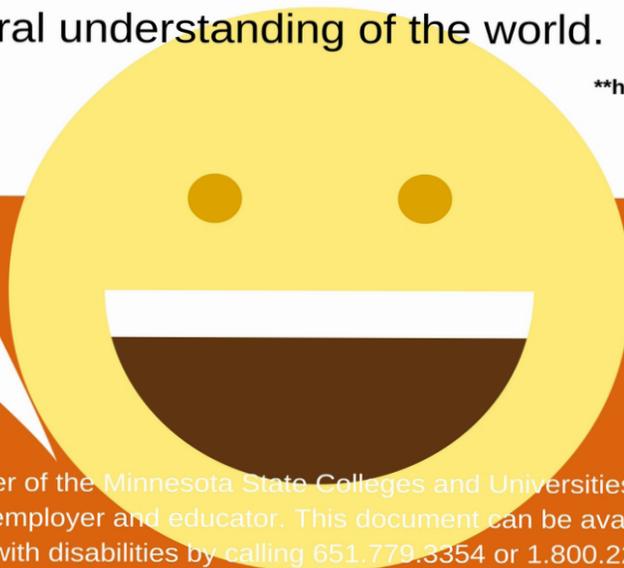
Spanish may be the language of your heritage!

You can learn to converse, read, and write in Spanish at Century.

It's fun! Get to know your classmates as well native Spanish speaking tutors from across the Americas in the Language Lab. Broaden your cultural understanding of the world.

*<http://factfinder.census.gov/bkmk/table/1.0/en/PEP/2014/PEPASR6H?slice=hispanic-hisp!year-es t72014>

**<http://www.census.gov/population/projections/data/national/2014/summarytables.html>



Sponsored by
Spanish Club



Century College is a member of the Minnesota State Colleges and Universities system. We are an affirmative action, equal opportunity employer and educator. This document can be available in alternative formats to individuals with disabilities by calling 651.779.3354 or 1.800.228.1978 x3354.

How to Research 101

In a technologically advanced world with access to a plethora of knowledge and information via the World Wide Web, it can be difficult to identify what is truly a fact and what is merely propaganda. Statistics can be manipulated and facts can be blended within opinionated news pieces. This may be confusing to a newcomer or even a professional internet user, but this guide will help those struggling here at Century (and elsewhere) to be able to identify between facts and manipulation of news.

This guide will help those struggling with research skills by tackling the research engines that provide accurate statistics, listing established fact checkers, how to handle biased news sources, and how to do proper citations.

Some great sources for finding statistics are include the Pew Research Center, Statista, Econ Research Center, Yale Research, Harvard Research, Most State and Ivy League College studies, National Center for Biotechnology Information, National Center for Science Education, American Association for the Advancement of Science, Statnews.com, and Insight Crime, and Psychology Today.

Reliable government statistics sites and resources include USA.Gov, Data.Gov, Census.Gov, Federal Committee on Statistical Methodology, U.S. Bureau of Labor Statistics, Bureau of Justice Statistics, and the Federal Bureau of Investigation.

For fact checking, great resources are Snopes.com, Factcheck.org, Politifact, Washington Post Fact Checker, RealClear Politics, Fact OR Myth and TruthorFiction.

Fact Checkers are an important tool for identifying misleading news stories that your friends or family members may send you or that you happen to stumble across.

To identify bias in news sources, there are a few main sources you can use. The search engine, "Factual News Search," sorts news sources by left, right, and center biases and has other sorting categories like "fact checkers," "pro science," and "least bias."

Another site, "Allsides," has a similar sorting style to Factual News Search.

Also "MediaBiasFactChecker" is a great source for identifying if news sources are biased, like if they lean liberal or conservative or if they are objective. I would highly recommend using this source for understanding news bias issues.

Lastly, the source "Procon.org" has two-sided points to all different controversial yet good topics. The website has over 70 topics to choose from and takes a research-based approach for understanding these issues with citations at the bottom of every page.

Some moderate sources include Reuters, Associated Press, FiveThirtyEight.

If you are required to properly cite secondary sources, there are two main websites for creating proper citations in an automatic way: "Son Of Citation" and "EasyBib." All you have to do is copy and paste the title of the article or hyper-link you are using and click "Search Websites." Make sure to have it under "MLA Format" and you should be good for citation!



HOW TO SPOT FAKE NEWS



CONSIDER THE SOURCE

Click away from the story to investigate the site, its mission and its contact info.



READ BEYOND

Headlines can be outrageous in an effort to get clicks. What's the whole story?



CHECK THE AUTHOR

Do a quick search on the author. Are they credible? Are they real?



SUPPORTING SOURCES?

Click on those links. Determine if the info given actually supports the story.



CHECK THE DATE

Reposting old news stories doesn't mean they're relevant to current events.



IS IT A JOKE?

If it is too outlandish, it might be satire. Research the site and author to be sure.



CHECK YOUR BIASES

Consider if your own beliefs could affect your judgement.



ASK THE EXPERTS

Ask a librarian, or consult a fact-checking site.

IFLA

International Federation of Library Associations and Institutions

With thanks to www.FactCheck.org



Photo Credit: Image by Alexander Popov via Unsplash

What Makes the Heart Grow

Cole Carlson | Staff Writer

This was not my first house party in the Macalester area. Neither was it the first time I had a premature buzz from the drinks they had at this party. Nonetheless, through the fog of intoxication and the optimism of youth, I will never fail to recall this memory. It glows in my conscience like an amber beacon and perched on the top of a coastal cliff in the night.

It was a “graduation party.” One of my friend’s acquaintances had just graduated from his private school. His parents were away on vacation, and decided to host one last rager before going overseas to study either art, history, or politics. My friend decided he could not miss it, nor go alone. While the teens, equal in my lack of soberness or worse off, swayed and shuffled to the rhythm of the booming music within the house, my eyes swayed back and forth between the teens there.

I somehow found myself staring at a girl across the room. I squinted, studying her deep brown eyes, her arching golden hair, her straight nose, and her white teeth as she flaunted her rich smile. She posed openly, possessed with joy, as she talked with her friends and some handsome boys. As if I was suddenly kicked in the forehead, I recognized her.

She was an ex of mine.

Under normal circumstances I would be too shy to admit it, and she would be too embarrassed to mention it to any one of her lavish friends. What if she was not though? I blended well with the wealthy and the gifted at this party. Even though I lacked the cash, I definitely out-classed, with regards to appearance, some of the boys that circled her like vultures and watched her with

predatory eyes. Would she talk to me though, and say that, at least, she had buried the hatchet?

What if she missed me? She was smart, and knew what those vultures were doing. She didn’t even acknowledge the most handsome ones of that flock. Even if she were to build a chemistry between any of the new boys or beasts, it surely would not undermine the history she and I share of memories of tubing, dining out, and watching movies as we nestled under a blanket.

Pulled from my nostalgic daydream, my eyes shifted from her to the floor, where I saw something fall from her back pocket. I froze and watched to see if anyone else had seen it. No one had given any indication. She began to walk away, leaving the item on the floor behind. I walked over to the item and picked it up, assuming that it would just be garbage of some sort.

It was a check, made out to a bank and signed by her, for a large loan payment on a new car. I felt a rush of urgency as I looked for her in the party, retraced her footsteps to find her, and returned the check. She blended in with the groups of other teens standing and dancing around the house. Nearly all the girls looked the same in their jean shorts and cropped shirts, leaving little for one’s imagination, and with every face that I saw that was not hers, I grew more and more doubtful I would find her.

I rounded a corner in the house, and I found her, reaching into a cooler in the kitchen for a beverage. Anxiety began to mix with courage like a storm in my gut, and doubt filled my very being. I began to regret seeing her, seeing the check fall out, and even being at that party. I felt as

though this wa

What a damne
cannot be such
why I came the
check to give b

I approached h
it out toward h

She turned aro
check nested b
her deep brow
and as her eye
the tender war
Her eyes look
within her. She

“Oh,” she sigh
“Don’t worry al

Her gaze beca
start to retreat

Author, Cole Carlson

though this was all a mistake.

What a damned mistake for me to make! This, I thought, cannot be such a thing. There must have been a reason why I came there, why I saw her, why I picked up that check to give back to her. There is a reason.

I approached her, gently clasping the check and holding it out toward her, "You dropped this!"

She turned around, then gazed upon my hand where the check nested between my finger and thumb. I watched her deep brown eyes walk up my arm to my shoulder and as her eyes swept carefully to my face, I could feel the tender warmth of her curious stare blush my face. Her eyes looked into mine, and I saw something click within her. She had recognized me.

"Oh," she sighed, her breath malodorous with beer, "Don't worry about it."

Her gaze became detached and I could feel the warmth start to retreat and fade away.

Author, Cole Carlson

Photo Credit: Courtesy of Casey Carlson



"What do you mean? Don't you think this is important?"

She shook her head quickly and said, "I really don't. Thanks."

I felt myself begin to boil with frustration and my head began to feel light. I wondered if she understood what I was telling her, so I repeated, "You dropped this."

"Then why don't you do the same?" She turned away and tried to take a step away from me. In an abrupt burst of drunkenness, my arm shot out and gripped her arm. Like talons, my fingers sank into her flesh as I pulled her back to me.

I called her by her name in a soft tone, then uttered, "You cannot keep doing this. You invested too much into me - you and me - to just let what we had go to waste."

Her eyes grew glassy, and tears dwindled in her eyes as she gazed helplessly into mine. I knew she remembered when we first met at the spring dance, after her date dumped her, and I walked home with her and hugged her as she cried. I knew she remembered our first date at a pizza parlor and walking along the marina, talking about our dreams and aspirations for the future. The summer days spent at the beach and the nights spent watching films.

I knew she remembered me telling her, after a party before the start of the school year, how I loved her. She remembered telling me that I did not really know her, and that the things she had told me were just lines she learned to repeat. She remembered admitting to me that she could not continue being loyal to only one boy, and how exclusivity frightened her because of her parents' divorce the year prior. She remembered the boys she knew before me, and the ones to come in the future, and felt compelled and justified to classify us, collectively, as careless flings, or mere ships passing in the night. It made her feel empowered to claim she never loved so many, yet made so much love.

She replied, "Then it's my fault for letting myself go so far."

A cold numbness fell over me, as if death took me into its embrace. I watched her saunter back to her friends, and a tall, slender boy in ripped denim and a baja hoodie took her into his arms and held her close. I looked on as they gave each other a peck as he lazily groped her derriere with his dainty hand. It was the last thing I wanted to hear and see. I remember thinking how with that single insincere statement, she had cleaved into my chest and buried a hatchet into my heart. Into the heart of an intoxicating dream which I let myself become possessed by. The golden idol which I imagined orbiting above her head like Mother Mary vanished, and I looked to the check in my hand with sober eyes and whispered, "I guess we have something in common."

Untitled

Tanita Cronk | Creative Writing editor

The day I told my daughter she was Anishinabe-
she asked me where that was
I cried.
And the Earth wept with me...

We cried because our children don't know who they are-
they have no cultural identity-
they were herded like cattle onto little patches of land
then corralled into missionary and boarding schools that lashed
their languages
from their tongues and stripped the heritage from their backs
customs, beliefs, values, morals were thrown away like yesterday's
trash

Communities and families were broken down
violated and historically traumatized

They distorted truths and gave our people honorable mentions in their history books

We lost more men in one hanging than any other in US history-
they planted a statue of a white buffalo in its' place and expected people to forget
and they did

But we didn't;
each year we ride 330 miles to remember
The Dakota 38

My culture is the only one in which it is socially acceptable to offend
You call your bosses chief
Native American women in films are called squaws
You ask how much Indian are you?
You say hold down the fort and ask
Do you still live in a teepee?
Let's have a pow-wow
Low man on the totem pole
Injun
Indian giver
Washington Red skin
You say we're immigrants- and deny the existence on Indigenous people

For this- the Earth and I
we cry



2019-2020



Scholarship Opportunities



APPLY ONLINE

www.century.edu/foundation-alumni

Starting Feb 1 - April 1, 2019

Fitness Center! Get Swole.



Photo Credit: Century Times Staff

The Century Gym will be open during Spring Semester. For gym hours please call 651-747-4054.